

Sex Education	Overview of what is taught
Year 3	It's My Body (Being respectful of our bodies, learning about the parts of our bodies using the names of the main parts of the body, including identifying and correctly naming genitalia (e.g. penis and vagina), the PANTS Rule, and Speak Out Stay Safe (NSPCC).
Year 4	Understand their body will change and develop as they grow and their emotions may change as they grow as well. To extend their vocabulary to deepen their understanding of the range and intensity of their feelings. To understand why personal hygiene is important as we grow.
Year 5	Learn about the growth and development of humans and the changes experienced during puberty. Understand how their emotions may change as they approach puberty and as they grow and move through puberty. To recognise the differences that occur at each stage of a human being's development, including childhood, adolescence (including menstruation), adulthood and older age.
Year 6	Learn how a baby grows and develops in its mother's womb. To understand the nature and role of menstruation in the fertility cycle. To learn how human life is conceived in the womb, including the language of sperm and ova, to learn about contraception and safe sex and the importance of this. To understand about appropriate sexual relationships.