



# MY BODY – YEAR 6

Developing a healthy, safer lifestyle

## STICKY KNOWLEDGE

A baby grows and develops in its mother's womb.

Menstruation is an important part of the fertility cycle.

Human life is conceived in the womb (with both sperm and ova).

Contraception prevents a baby being conceived.

Safe sex is important for general health too  
(HIV, Aids & STIs).

Appropriate sexual relationships occur between two consenting adults.

Get advice and to seek support from:

- Family
- School
- ChildLine
- The NSPCC