



MY BODY – YEAR 3

Developing a healthy, safer lifestyle

STICKY KNOWLEDGE

Use the names of the main parts of the body, including genitalia (penis & vagina).

Know the PANTS Rule.

Privates are private.

Always remember your body belongs to you.

No means no.

Talk about secrets that upset you.

Speak up - someone can help.

Report concerns to a parent, responsible adult or teacher.

Keep trying until you are heard.