

Developing a healthy, safer lifestyle

STAGES OF LIFE— YEAR 3

BABIES

STICKY KNOWLEDGE

Babies need to be cared for as they can't look after themselves.

A baby growing in the womb is called a foetus.

A pregnancy lasts 9 months.

The umbilical cord attaches the baby to its mother and provides nutrients and oxygen to the baby.

From birth to six months babies should only drink milk.

New born babies need around 18 hours sleep every day.

When babies cry, they are trying to tell us they need something:

- they might be hungry
- they might need a nappy change
- they might just be bored and want to see a smile or be entertained with a toy
- they might be lonely (they just want picking up)