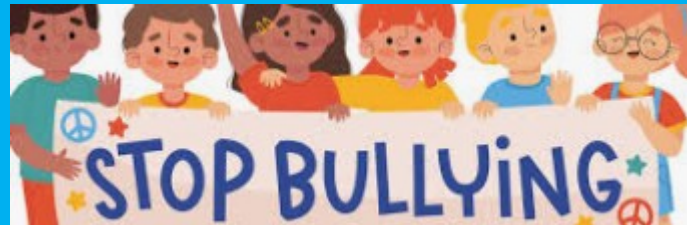




BULLYING – YEAR 4



Developing good relationships and respecting differences between people

VOCABULARY

Respect: paying due regard to the other person

Etiquette: behaving well around others

Compliment: an expression of praise

Mutual respect: both people have the same value

Truthfulness: telling the truth

Trustworthiness: being dependable and reliable

Loyalty: being faithful and sticking together

Generosity: giving of your time and support

Trust: knowing you can depend on someone

Consequences: the effects of something else

Self-esteem: how positive you feel about yourself

STICKY KNOWLEDGE

Bullying impacts on the victim:

- **Loneliness**
- **Fear**
- **Low mood**
- **Acting out**
- **Not wanting to come to school**

Bullying can impact on the bully too:

- **Low self-esteem**
- **Initially feel powerful**
- **Potentially end up lonely**
- **Having a bad reputation**
- **Bullies are feared**
- **Bullies have no real friends**

Tell someone if you are being bullied – your teacher, parents, friends, the Anti-bullying co-ordinator