

Developing a healthy, safer lifestyle

VOCABULARY

Digital footprint: information about you online that is built up from your use of the internet

Online trail: this shows your journey through the internet – it shows the pages you have visited and what you have done

Social media: apps or websites which allows people to connect with each other (Facebook, Twitter, Instagram)

Reliability: how much you can trust someone

Spoof: disguising who you are

Phishing: when someone pretends to be someone else in order to get information from you

Malware: malicious software – designed to do bad things

ONLINE RELATIONSHIPS – YEAR 5

STICKY KNOWLEDGE

Follow the rules and principles for keeping safe online. Recognise risks, harmful content and contact.

Everyone leaves a digital footprint – an online trail of our activity.

We can make our online identify a positive or a negative footprint with the choices we make online and what we choose to post.

Reality is real life. Social media can be altered to show things differently.

Always tell responsible adults if you are concerned or upset by any online contact. Contact CEOP or Childnet to report online.