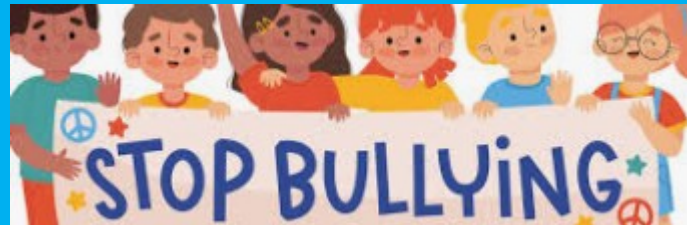




BULLYING – YEAR 6



Developing good relationships and respecting differences between people

VOCABULARY

Emotions: our feelings

Resolve: sort something out or come to a decision

Conflict: disagreements or fights

Peer pressure: being influenced by someone of the same age

Distressed: feeling upset

STICKY KNOWLEDGE

The effects of cyber bullying on others:

- **Feel alienated and excluded**
- **Feel fear and loneliness**
- **Feel distressed and overwhelmed**
- **Unable to confide in others**
- **Feel ashamed and judged**
- **Feel withdrawn and have low self-esteem**
- **Not wanting to go to school or go out**

Online posts can always be found, even when they are deleted and can impact on our lives in years to come.

Tell someone if you are or someone else is being bullied – your teacher, parents, friends, the Anti-bullying co-ordinator, for online bullying tell CEOP.