

I've learned...

that family and friends
are what make us
who we are today and
without them we would
never be complete.

FAMILY AND FRIENDS – YEAR 6



**Developing good
relationships and
respecting differences
between people**

FRIENDS – STICKY KNOWLEDGE

Recognise who to trust:

- **Someone you can confide in**
- **Someone who doesn't let you down**
- **Someone who doesn't talk about you**
- **Someone who doesn't get you into trouble by peer pressure**

Judge when a friendship is making you feel unhappy or uncomfortable:

- **When you are being left out**
- **When you are being talked about**
- **When you are being put under peer pressure**

Manage conflict through discussion, by walking away, or seeking help or advice if needed.

FAMILY – STICKY KNOWLEDGE

Divorce is when two people no longer stay married.

An unhappy family life could consist of:

- **Arguing**
- **Domestic violence**
- **Financial or work restraints**
- **Mental health issues**
- **Drug use**
- **Affairs**
- **Sibling jealousy**

Issues take place in all families and they can be resolved in a number of ways. Issues may not always be solved how we want them to be, but sometimes this is for the best (separation).

There are people we can talk to: peers, other family members, other responsible adults, ChildLine, The NSPCC.