
Intent, Implementation and Impact Statements

PE at Newlands

Intent

At Newlands, PE is an integral part of our curriculum that is inclusive and engages all pupils. We aim to deliver high-quality teaching and learning opportunities that enables all children to achieve their personal best. As well as developing fundamental sporting skills, we want our pupils to have the opportunity to create, choreograph, work in a group, make improvements; always striving to be the best that they possibly can – we feel that our broad curriculum allows for this. It aims to improve the wellbeing and fitness of all children at Newlands, not only through the sports and skills taught, but through the underpinning values and disciplines that PE promotes. We encourage staff to incorporate ‘active minutes’ into the wider curriculum so that, holistically, learning becomes more interactive, physical and varied.

We endeavour to instil in our children a sustainable understanding and appreciation of the benefits of activity and the important part that it plays in leading a healthy lifestyle. We also want to teach children how to collaborate and co-operate with others as part of a team, embedding life-long values such as resilience, fairness and respect for others.

Implementation

- * Children participate in high-quality lessons twice a week covering a variety of sports and activities that meet National Curriculum requirements: gymnastics, dance, athletics, swimming, fitness and games plus outdoor and adventurous activities.
- * Staff have a clear understanding of the National curriculum through CPD, which includes in-house training and the use of expert, external coaches. In addition to this, a Curriculum overview and a Skills Progression are in place, which are progressive, coherent and year- group appropriate.
- * Embedded in our curriculum is the ethos that a healthy lifestyle is the inter-relationship between physical activity, healthy diet, mental wellbeing and the avoidance of harmful substances. Cross-curricular links reflect the emphasis that we place on this at Newlands.
- * All children take part in the Daily mile, skipping (2 minutes per day), the '30 Active Minutes', the Beep Test (4 times per year) and Active English, Maths and Topic lessons - activities that cater for both personal challenge and teamwork.
- * Children have the opportunity to compete in various events both within school (Class v Class, Colour v Colour) and outside of school as part of the Mansfield Partnership Competition Network.
- * We have an extensive programme of extra-curricular activities offered before school, at lunchtimes and after school that encourages exposure to new and varying sports.
- * Each year, leadership opportunities are given to children in Year 5 who are trained to work with younger children at lunchtimes, helping with activities and running competitions. In addition, Year 6 Sports Leaders are chosen to organise and deliver a 'potted sports' event as well as taking an active organisational role during Sports' Day.
- * The Sports Premium Funding is spent effectively to develop a lasting legacy for PE and Sport at Newlands.

Impact

We hope that children at Newlands will enjoy and value the sporting and physical activities that we deliver in school. Our curriculum aims to improve the wellbeing and fitness of all children through the sporting skills taught but also through the underpinning values that PE promotes. Through personal challenge and experiencing competition, both inside and outside of school, we hope that children become physically confident and develop a sense of personal pride and pride for our school.

We hope to instil in our pupils the understanding that to be successful they need to take ownership and responsibility for their own health and fitness. By doing so, we sincerely hope that that they will grow up to lead happy and healthy lives, utilising the skills and knowledge that they have acquired through PE at Newlands.

