



YEAR 3 EASTER – LENT

THE BIG QUESTION **Is making a sacrifice easy?**

KEY VOCABULARY

Ashes The soft grey powder that is left after something has been burned.

Sacrifice The act of giving up something of great value to show loyalty or deep affection.

Confess To admit as true.

Forbidden Prohibited; not allowed to be entered, touched, eaten, or the like.

Wilderness A region in its natural state where there are trees and wild animals, but no people living there.

Fast To eat no food.

STICKY KNOWLEDGE

Shrove Tuesday comes from the word “shrive” and means to confess our sins.

Shrove Tuesday is also called Pancake Day.

Pancakes are traditional in a number of European countries because eggs, sugar, and fat, forbidden during the Lenten fast, are used up so they will not go to waste.

Lent is the 40 days leading up to Easter. That is because the Bible says that Jesus spent forty days in the wilderness, preparing for his death and resurrection.

Lent begins on Ash Wednesday. On Ash Wednesday many Christian churches hold services during which Christians are marked on the forehead with a cross of ashes. This is a sign of saying sorry to God for any wrong-doing.

Music is a form of worship for Christians and is a form of spiritual expression.