

Whole School Curriculum Overview for PE 2025 - 2026

Dancing/Cricket/Rugby are taught by an expert, external coach.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	OUTDOOR & ADVENTUROUS (Teambuilding – Commando Joe) FUNDAMENTAL SKILLS (Throwing, aiming, & catching)	DANCING (Disney) GYMNASTICS (Floor)	GYMNASTICS (Apparatus) Fitness	SWIMMING OUTDOOR & ADVENTUROUS (Orienteering)	SWIMMING ATHLETICS (Track)	Swimming ATHLETICS (field)
Year 4	STRIKING & FIELDING GAME (Cricket – COACH) INVASION GAME (Football Focus)	INVASION GAMES (Handball) GYMNASTICS (Floor)	GYMNASTICS (Apparatus) INVASION GAME (Tag rugby)	OUTDOOR & ADVENTUROUS (Teambuilding – Commando Joe) DANCING (Street)	NET GAME (Tennis) ATHLETICS (Track)	ATHLETICS (Field) OUTDOOR & ADVENTUROUS (Orienteering)
Year 5	DANCING (Rock n Roll) STRIKING & FIELDING GAME (Cricket - COACH)	INVASION GAMES (Netball Skills) GYMNASTICS (Floor)	GYMNASTICS (Apparatus) Invasion game (Tag rugby)	OUTDOOR & ADVENTUROUS (Teambuilding – Commando Joe) OUTDOOR & ADVENTUROUS (Orienteering)	ATHLETICS (Track) NET GAME (Tennis)	ATHLETICS (field) INVASION GAMES (Hockey)
Year 6	INVASION GAME (Football Focus) INVASION GAME (Netball)	NET GAME (Badminton) GYMNASTICS (Floor)	DANCING (African) GYMNASTICS (Apparatus)	OUTDOOR & ADVENTUROUS (Orienteering)	OUTDOOR & ADVENTUROUS Teambuilding (Commando Joe) ATHLETICS	STRIKING & FIELDING GAME (Rounders Focus) ATHLETICS